# Stadtspital Triemli Zürich DV Activities of a hospital in Switzerland

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#### **DV** in Switzerland



One woman in five lives with a violent husband or partner



- 2003: Investigation at Women's clinic City Hospital Zurich
- 1772 Women (4000 questionnaires)
- In- and out-patients in 12 months
- German, Spanish, Serbo-Croatian, English

#### **Domestic Violence**



#### **Injuries and Somatic Problems**



## Mental and Psychosomatic Problems



### Results

- All socio-cultural environments and age-groups are affected
- Divorced and separated women suffered more often from DV
- Search for help in medical or psychological institution
- Many women are left without professional support

### Goal

- Improving awareness and reaction to Domestic Violence
- Creating guidelines to act with more assurance and to guarantee a consistent procedure



#### Preconditions

- Training of all staff members having contact with patients (Nurses, midwives, doctors)
  - Seminaries
  - Guidelines
  - Follow up
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  - Training of new staff

## Screening

- Create a platform to enable affected women to talk about their experiences with DV
- Taking affected women seriously
- Distribute informations and connect patient with specialised institutions



### Interrogation of the staff after 6 months



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#### Intervention

- Talking to nurse or intern psychologist or social worker
- Clarifying needs and priorities and evaluating resources of patient
- Distributing information (Flyer)
- Connecting with specialised institutions

#### Take home message

- Domestic Violence is common
- Domestic Violence leaves health problems
- Domestic Violence has many faces
- Domestic Violence shall be screened
- Domestic Violence needs multidisciplinary cooperation and a complex approach