

**PREVALENCE OF TOBACCO USE
AND EXPOSURE TO SECONDHAND SMOKE
AMONG ADOLESCENT
FEMALE STUDENTS IN NIGERIA:
2008 GLOBAL YOUTH TOBACCO SURVEY**

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INTRODUCTION:

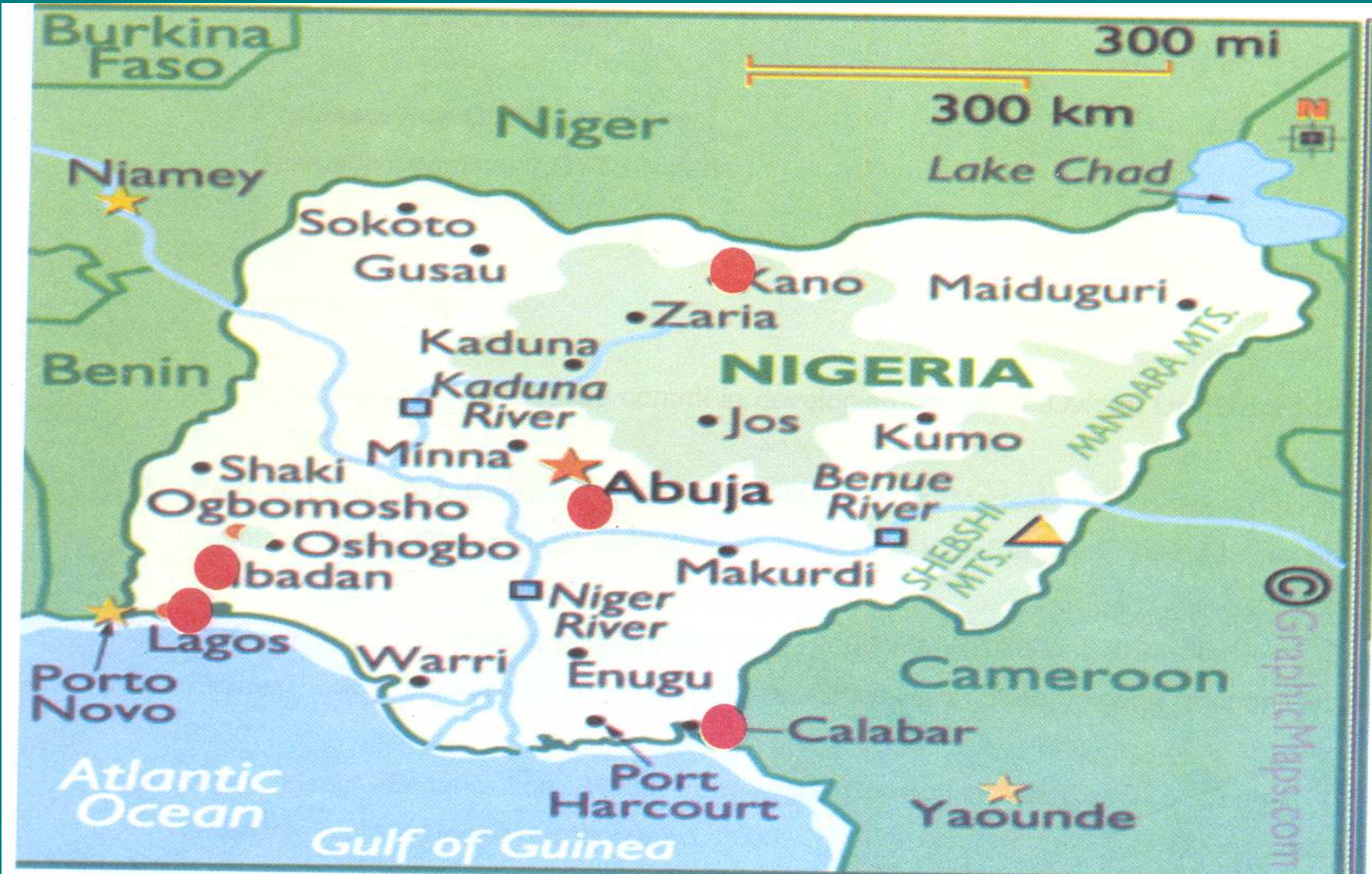
▶ OBJECTIVES OF GYTS:

- ▶ To document and monitor prevalence of tobacco use
- ▶ To determine rate of exposure to SHS among female adolescent students age 13-15 years



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MAP OF NIGERIA SHOWING GYTS SURVEY SITES



Key

● Selected Centres for GYTS Nigeria, 2008

METHODOLOGY

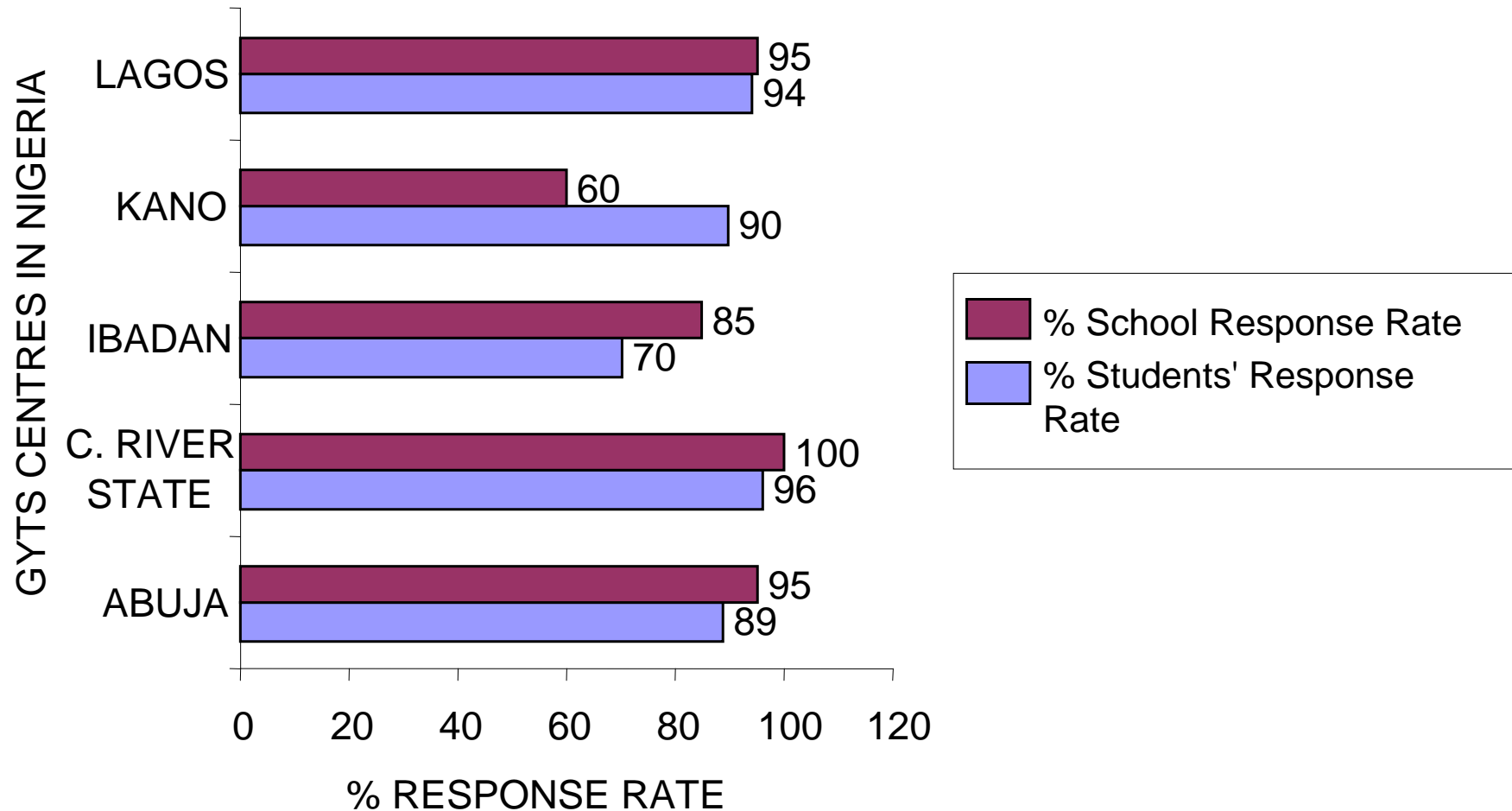
- ▶ School-based survey of students 13-15 years
- ▶ Public and private schools eligible
- ▶ Multistage sample design with schools selected proportional to enrolment size
- ▶ Classrooms chosen randomly within selected schools
- ▶ All students in selected classes eligible for participation
- ▶ Anonymous and confidential self administered questionnaire
- ▶ Requires only 30-40 minutes to administer
- ▶ Fieldwork conducted by trained survey administrators
- ▶ Country – level data with regional level stratification possible
- ▶ 51 tobacco- specific questions on core questionnaire
- ▶ Country may add questions to the questionnaire



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RESULTS

FIG. 1: NIGERIA GYTS STUDENTS/SCHOOL RESPONSE RATE, 2008



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FIG. 2: PREVALENCE OF TOBACCO USE AMONG ADOLESCENT FEMALE STUDENTS IN NIGERIA: 2008 GYTS

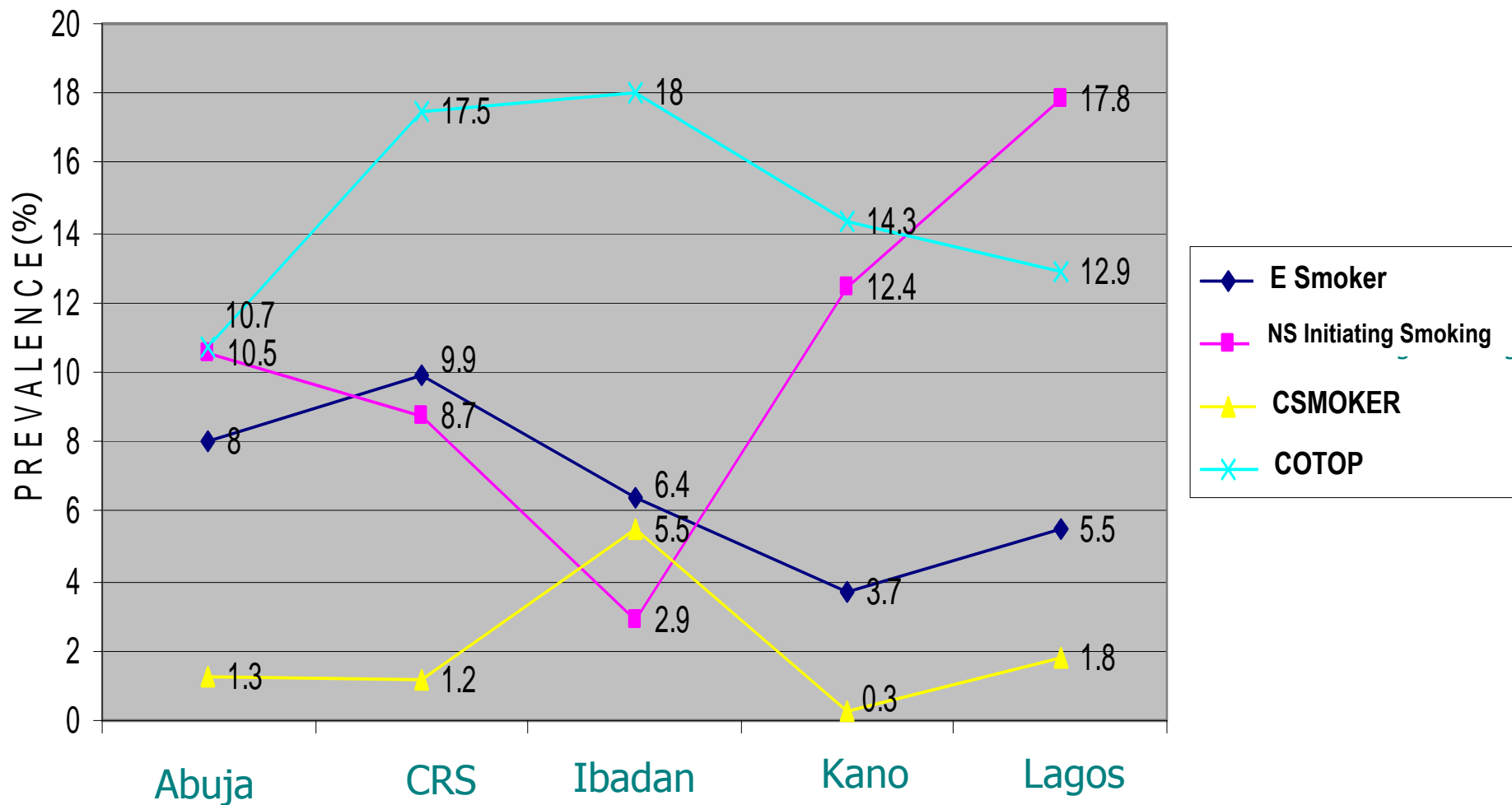
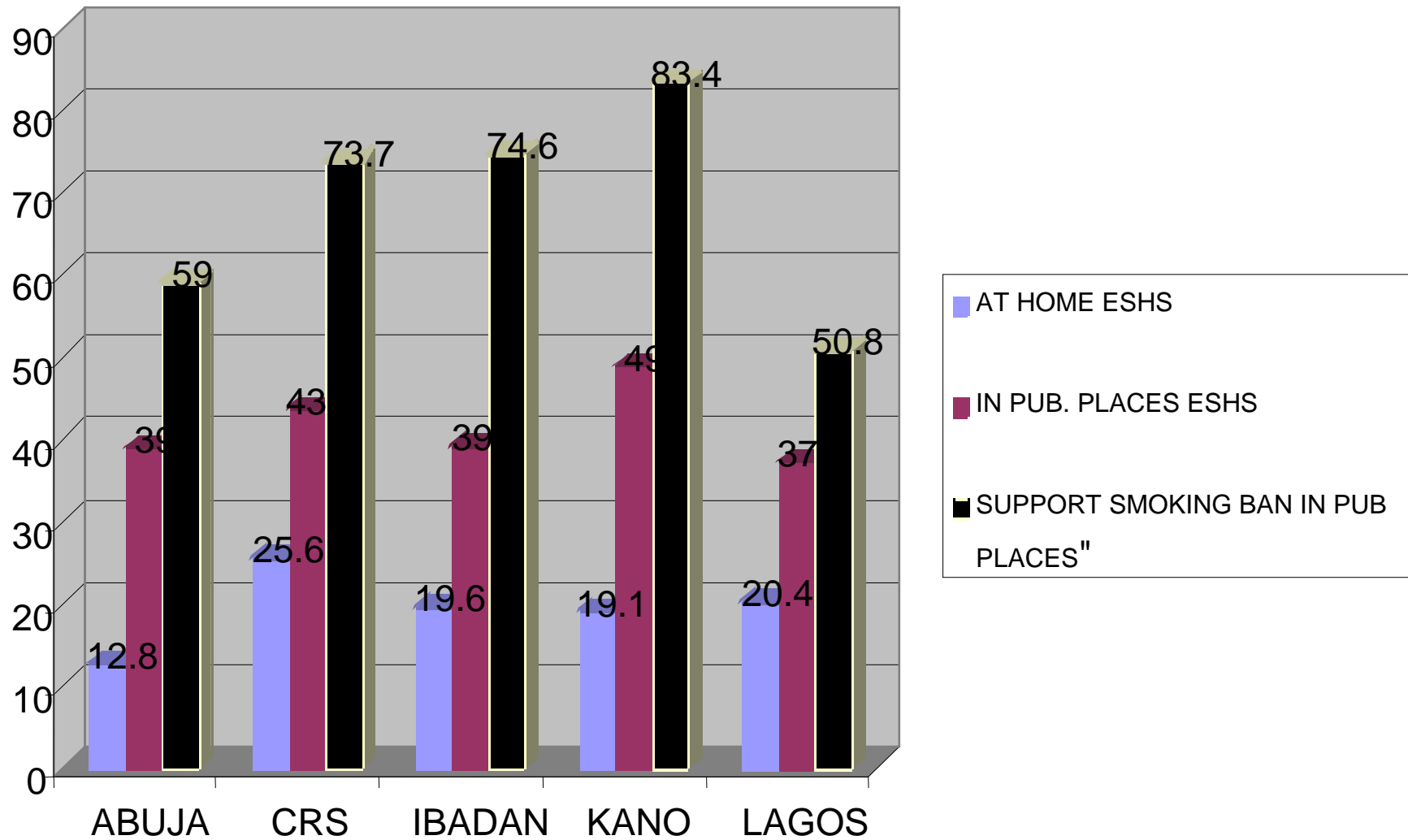


FIG. 3: EXPOSURE TO SHS AND SUPPORT SMOKING BAN IN PUBLIC PLACES



THE SMOKER'S BODY

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Chronic diseases

- ✓ Stroke
- ✓ Coronary heart disease
- ✓ Aortic aneurysm
- ✓ Atherosclerotic peripheral vascular Disease
- ✓ Chronic obstructive pulmonary disease (COPD)

Cancers

- ✓ Oral
- ✓ Pharynx
- ✓ Larynx
- ✓ Esophagus
- ✓ Lung
- ✓ Kidney and Ureter
- ✓ Bladder

BE WARNED

TOBACCO KILLS!!!

CONCLUSION

- ▶ Need to sustain current low rate of tobacco use
- ▶ Emphasis on implementation and enforcement of existing tobacco control policies
- ▶ Reduction of SHS exposure and easy access of tobacco to minors especially girls crucial
- ▶ Urgent FCTC domestication needed for comprehensive tobacco control and reduction of risk of future tobacco-related morbidity and mortality in Nigeria.



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Keep Your Environment



SMOKE FREE!

Courtesy: MWAN CRS.



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NIGERIAN CANCER SOCIETY

GYTS PARTICIPATING SCHOOLS IN ABUJA,CROSS RIVER
STATE, IBADAN, KANO AND LAGOS

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THANK YOU FOR LISTENING



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