



FRAUEN
GESUNDHEITS
ZENTRUM



MEDIZINISCHE UNIVERSITÄT
INNSBRUCK

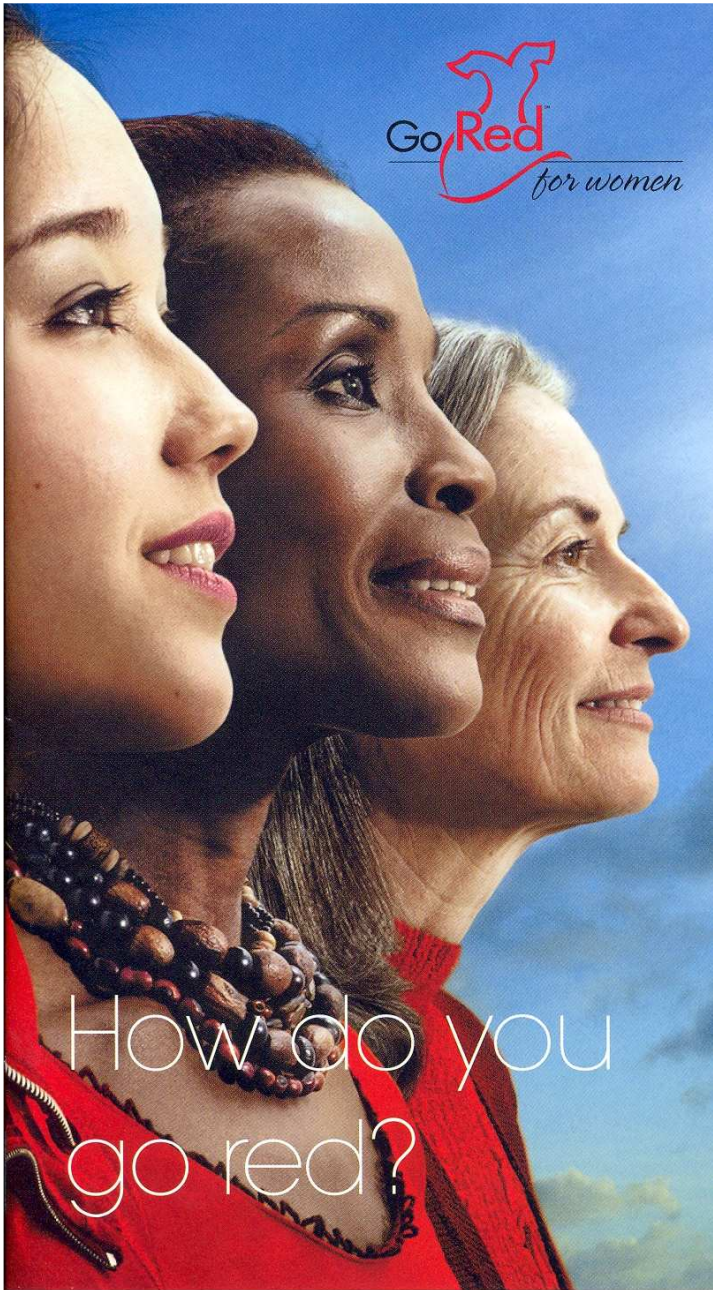
**Prevention for everyone:
does preventive medicine also
reach our immigrants?**

Univ.-Prof. Dr. Margarethe Hochleitner

Austria has a semi-state health system covering medical care for nearly everybody, especially for all our immigrants.

A lot of the prevention programmes provided are also covered by insurance.

AUSTRIA



Go Red
for women

How do you
go red?

American Heart
Association® 
Learn and Live.™

 WORLD HEART
FEDERATION®
A HEART FOR LIFE

Go Red

**World Heart Day**[About World Heart Day](#)[World Heart Day 2010](#)[Go Red for Women](#)[Children & youth](#)[Rheumatic heart disease](#)[Tobacco control](#)[Workplace Wellness](#)[Advocacy](#)[Demonstration projects](#)[World Congress of Cardiology Scientific Sessions](#)

World Heart Day

26 September 2010

Workplace Wellness:
Take responsibility for your own heart health



World Heart Day

**Individuals: get involved**

Start by taking at least one of ten simple steps for a heart healthy life. [Read more >](#)

**Employers: get involved**

Find out how you can make your workplace more heart-healthy. [Read more >](#)



Donate Now

Your personal donation makes a difference!



Submit your plans of activities and profile them on our website >

Highlights of Workplace Wellness programmes around the world >

[Belgium >](#)

[China >](#)

[India >](#)

[Iran >](#)

[Mexico >](#)

[United Kingdom >](#)



VOLKSBEGEHREN NICHT RAUCHEN IN LOKALEN



ZIELE VOLKSBEGEHREN

UNTERSTÜTZUNGSERKLÄRUNG

MITARBEIT

SPENDEN

KONTAKT

SHOP

FAQ

WIE KANN ICH MEINE UNTERSTÜTZUNGSERKLÄRUNG FÜR DAS VOLKSBEGEHREN GÜLTIG EINBRINGEN?

1.



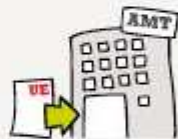
ONLINE
AUSFÜLLEN

2.



ERKLÄRUNG
AUSDRUCKEN
NOCH NICHT UNTER-
SCHREIBEN!

3.



ZUR GEMEINDE
ODER MAGISTRAT DEINES
HAUPTWOHNORTES
GEHEN

4.



VOR BEAMTEN
UNTERSCHREIBEN
LICHTBILDAUSWEIS
NICHT VERGESSEN

5.



AN UNS
SENDEN



HIER



JETZT
SPENDEN
DANKE

HIER HABEN SIE
DIE MÖGLICHKEIT
DIE INITIATIVE ZU
UNTERSTÜTZEN!

Kein Miteinander durch Trennung - Nicht Rauchen...





What do you think ?

What's your worst withdrawal symptom?

- Feeling down or sad
- Cough
- Feeling grouchy
- Having trouble concentrating

Vote

Take our monthly quiz!

Learn more about the dangers of secondhand smoke...

Get started...

Use the Step-by-Step Quit Guide

- Are you...
- Thinking about quitting?
 - Preparing to quit?
 - Quitting?
 - Trying to stay quit?

Talk to an Expert

Find Tools to Help You Quit

Learn About Topics Related to Quitting

Send a Smokefree e-card

[Send an online card](#) to encourage someone quit or to let your friends and family know planning to quit.



Map

Learn about smoking in your state using [interactive map](#).



Prevention programmes start at the family doctor's, where no interpreter is provided. Furthermore, there are a lot of out-hospital prevention activities, BUT all are in German.

PREVENTION PROGRAMMES

Screening Checks



Questionnaire on access to health care for immigrants*

Question	Yes	No
Did you go to your family doctor more often at home?	46.8%	53.2%
Did you go to the hospital more often?	31.8%	68.2%
Did you have more therapeutic offers at home?	61.0%	39.0%
Do you feel discriminated as compared to Austrians?	43.8%	56.2%
Would these problems be solved by having an interpreters service?	64.9%	39.1%
Do you feel you are treated the same as Austrians when accessing the healthcare system?	56.7%	43.3%

*study population: 912 participants (344 women, 568 men)

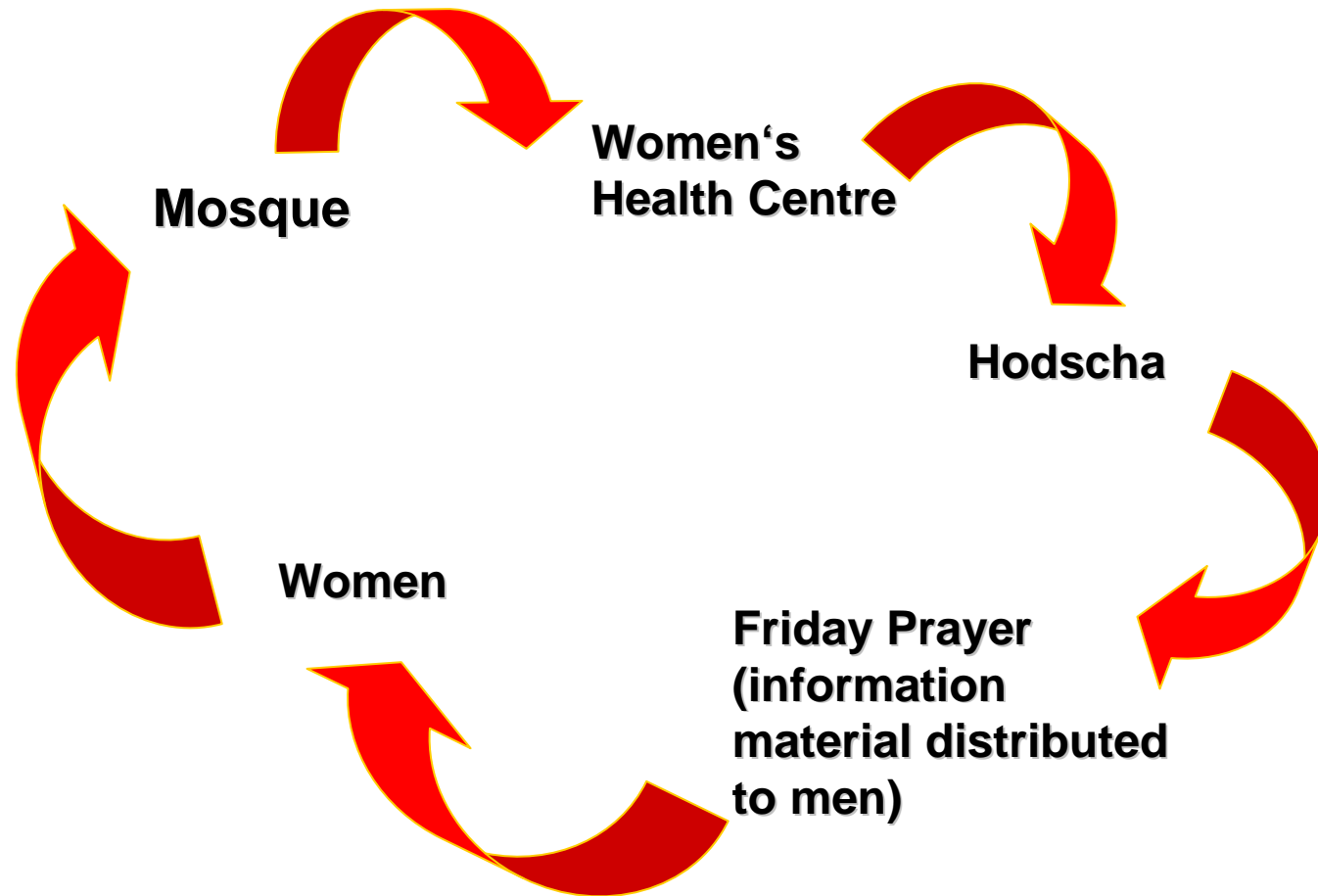
*study venue: Innsbruck University Hospital

- $\frac{3}{4}$ have problems accessing health care
- $\frac{2}{3}$ want interpreter services



- Prevention programmes for immigrants
- Mosque programme for Turkish women

Mosque Programme: Circular Distribution Pattern



Mosque programme

FRAUENGESUNDHEITSZENTRUM
an der Medizinischen Klinik Innsbruck

Saglik Ekibimiz:



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Frauengesundheitsbüro
des Landes Tirol



**Prevention for everyone:
does preventive medicine also
reach our immigrants?**

NO

- As long as we have parallel societies, we have to prepare parallel prevention programmes. Otherwise, we will not reach our immigrants.

THANK YOU FOR YOUR ATTENTION



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